Guideline Development: The Health Care Provider Perspective

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Session resources will be available at deprescribing.org/resources/
What is a guideline & why use them?

Guidelines:

“statements that include recommendations intended to optimize patient care, that are informed by a systematic review of evidence and an assessment of the benefits and harms of alternative care options”

Definition from Institute of Medicine
What makes a good guideline?

• Summary of best available evidence
• Involve the right people
• Flexible
• Allow room for patient values & preferences
• Trustworthy
• Easily accessible & interpreted
How do these guidelines compare?

• Summary of best available evidence ✓
• Developed by the “right” people ✓
• Flexible ✓
• Allow room for patient values & preferences ✓...
• Trustworthy ✓
• Easily accessible & interpreted ....
Room for improvement

- Webpage: Fewer “clicks”
- Two-page summary: tables/charts/samples
- Algorithms: fewer words, a note about patient discussion
- Guidelines: more tables
- Other tools: App; Online interactive patient checker (eg SPARCtool)
- Deprescribing tool