

# Guideline Development: The Health Care Provider Perspective

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# What is a guideline & why use them?

## Guidelines:

“statements that include recommendations intended to optimize patient care, that are informed by a systematic review of evidence and an assessment of the benefits and harms of alternative care options”

# What makes a good guideline?

- Summary of best available evidence
- Involve the right people
- flexible
- Allow room for patient values & preferences
- Trustworthy
- Easily accessible & interpreted



# How do these guidelines compare?

- Summary of best available evidence ✓
- Developed by the “right” people ✓
- Flexible ✓
- Allow room for patient values & preferences ✓...
- Trustworthy ✓
- Easily accessible & interpreted ....



# Room for improvement

- Webpage: Fewer “clicks”
- Two-page summary: tables/charts/samples
- Algorithms: fewer words, a note about patient discussion
- Guidelines: more tables
- Other tools: App; Online interactive patient checker (eg [SPARCtool](#))
- Deprescribing tool

