

My Appointment Plan

I have made an appointment with my **doctor or pharmacist** (circle which one) to talk about my medications.

My appointment is with _____
on _____ (date) **at** _____ AM/PM

Three questions or concerns I would like to talk about are:

1. _____

2. _____

3. _____

I will bring to my appointment:

- A written list of all my current medications, including over-the-counter pills, vitamins, and natural health products
- My list of questions, concerns, and information I want to talk about
- A notebook and pen to write down what I learn
- Someone to take notes for me if I have trouble taking them myself

My Appointment Plan

I have made an appointment with my **doctor or pharmacist** (circle which one) to talk about my medications.

My appointment is with _____
on _____ (date) **at** _____ AM/PM

Three questions or concerns I would like to talk about are:

1. _____

2. _____

3. _____

I will bring to my appointment:

- A written list of all my current medications, including over-the-counter pills, vitamins, and natural health products
- My list of questions, concerns, and information I want to talk about
- A notebook and pen to write down what I learn
- Someone to take notes for me if I have trouble taking them myself