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22 August 2019

Dear [invitee]

The [community]Local Advisory Group (LAG) on Polypharmacy and Deprescribing, in partnership with the Bruyère Research Institute, would like to invite you to attend our interactive public information session, "Talking About Your Medications," from 6 to 8 pm, on June 20<sup>th</sup>, 2019, at [venue] in [town].

Many older adults report having difficulty talking to their healthcare providers about their medications; they often describe a lack of confidence or medication literacy that prevents them from engaging in meaningful and productive conversations with their healthcare providers about medication management.

This goal of this event is to support older people, and their caregivers, in starting these important conversations with their physicians, pharmacists, and other healthcare providers involved in their treatment plans by addressing the 'whys,' 'whats,' and 'hows' of talking about medication management.

We invite you to attend the patient-focused interactive component of the event as well as a short 'mingling' session afterwards, an opportunity for members of the public to chat with local healthcare providers.

For more information, or to register your attendance, please contact [name] at [phone number] or at [email address.]

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